

The background of the page is filled with a repeating pattern of blue wavy lines, resembling water ripples. These lines are arranged in vertical columns and are slightly offset from one another, creating a sense of depth and movement. The lines vary in opacity, with some being a darker blue and others a lighter, semi-transparent blue.

# **EUROPEAN AQUATICS®**

## **HIGH DIVING CHAMPIONSHIPS REGULATIONS**

UPDATED 15 March 2025

**EUROPEAN AQUATICS  
HIGH DIVING CHAMPIONSHIPS  
(UPDATED 15 MARCH 2025)**

In addition to the European Aquatics General Event Rules  
**THE FOLLOWING REGULATIONS**  
shall apply:

HD 1	ORGANISATION
HD 1.1	The European High Diving Championships shall be held bi-annually.
HD 1.2	The organising Federation and the location of the Championships will be decided by the European Aquatics Bureau and circulated by the European Aquatics Office.
HD 1.3	One (1) Delegate of the European Aquatics Bureau to be appointed by the Bureau and the members of the European Aquatics Technical High Diving Committee (THDC) shall be responsible for and supervise the organisation of the event according to European Aquatics Rules and Regulations. The Bureau Delegate and the members of the THDC will be responsible for all matters relating to the delivery of a successful High Diving Event for European Aquatics.

HD 2	EVENTS
HD 2.1	Events are: Men: 20m platform Women: 20m platform
HD 2.2	The order of events will be decided by the European Aquatics THDC, subject to the approval of the European Aquatics Executive, and circulated by the European Aquatics Office.
HD 2.3	The two events shall be organised in a program of two (2) days, if not announced otherwise. Day 1: Round 1 and 2 for women and men Day 2: Round 3 and 4 for women and men

HD 3	PARTICIPATION
HD 3.1	In both events three (3) competitors per Federation may be entered.
HD 3.2	All entered high divers, not previously known, will be required to submit video evidence for qualification purposes to the European Aquatics THDC.

HD 4	FORMAT
HD 4.1	The events shall be held as direct finals. The order of diving shall be determined by a random draw. The random draw will take place at the Technical Meeting following the final training session. When available an electronic draw shall be used. The last round shall be performed in the reverse order of the ranking at the end of the previous round.
HD 4.2	The competition for women on the 20m platform shall comprise four (4) dives. <ul style="list-style-type: none"> <li>• One (1) required dive with a maximum Degree of Difficulty (DD) of 2.6;</li> <li>• One (1) intermediate dive with a maximum Degree of Difficulty (DD) of 3.4; (These two dives must be selected from two (2) different groups);</li> <li>• Two (2) dives without limit of DD (These two dives must be selected from two (2) different groups).</li> </ul>

A dive of the same number shall be regarded as the same dive.

If the DD of a required dive is less than 2.6 or intermediate dive is less than the 3.4 the DD will be calculated according to Part Five DD, articles 12.1 and 12.2 of the World Aquatics High Diving Competition Regulations. If a diver performs a dive above 2.6 or 3.4 he or she will only receive 2.6 or 3.4.

A competitor may provide on the statement of dives two (2) reserve dives which may be substituted five (5) minutes before the commencement of the final round of dives subject to the dive being compliant with the competition rules.

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<b>HD 4.3</b>	<p>The competition for men on the 20m platform shall comprise four (4) dives.</p> <ul style="list-style-type: none"> <li>• One (1) required dive with a maximum Degree of Difficulty (DD) of 2.6;</li> <li>• One (1) intermediate dive with a maximum DD of 3.4</li> </ul> <p>(These two dives must be selected from two (2) different groups);</p> <ul style="list-style-type: none"> <li>• Two (2) dives without limit of DD (These two dives must be selected from two (2) different groups).</li> </ul> <p>A dive of the same number shall be regarded as the same dive.</p> <p>If the DD of a required dive is less than 2.6 or intermediate dive is less than the 3.4 the DD will be calculated according to Part Five, Articles 12.1 and 12.2 of the World Aquatics High Diving Competition Regulations. If a diver performs a dive above 2.6 or 3.4 he or she will only receive 2.6 or 3.4.</p> <p>A competitor may provide on the statement of dives two (2) reserve dives which may be substituted five (5) minutes before the commencement of the final round of dives subject to the dive being compliant with the competition rules.</p>
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<b>HD 4.4</b>	In case of a tie after round 3 the dive order shall be determined by a draw between the affected divers.
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<b>HD 4.5</b>	In case of a tie after the last round all tied high divers will be ranked at the same place.
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## HD 5    ENTRIES

<b>HD 5.1</b>	<p>European Aquatics Office will circulate with the announcement of the European High Diving Championships a list with competitors who fulfil the safety requirements.</p> <p>Competitors not on that list must send together with the named entries a link to a video with dives which demonstrate that the competitor has safe control of his dive program. The European Aquatics THDC may reject the nomination of a competitor if a safe control is not shown.</p>
<b>HD 5.2</b>	Preliminary Entries shall be submitted to the organising Federation, with a copy to the European Aquatics Office, no later than the date circulated by the European Aquatics Office.
<b>HD 5.3</b>	A Federation having made a Preliminary Entry may withdraw up to the date circulated by the European Aquatics Office.
<b>HD 5.4</b>	Named Entries shall be submitted to the organising Federation, with copy to the European Aquatics Office, up to the date circulated by the European Aquatics Office.
<b>HD 5.5</b>	Competitors who cannot prove identity, age and citizenship shall not be permitted to take part in the competition.

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## HD 6 ACCREDITATION

- HD 6.1** Federations entering the High Diving Championships will receive accreditation for:
- a) the President of the Federation.
  - b) the Head of Delegation.
  - c) the entered competitors.
  - d) one medical person.
  - e) team staff members:
    - 2 for up to 2 competitors.
    - 3 for up to 4 competitors.
    - 4 for up to 6 competitors.

**HD 6.2** Team staff members include everybody servicing the team: Team Leaders, Coaches, Physiotherapists, etc. (not officials such as judges, referees, etc.).

## HD 7 AWARDS

**HD 7.1** Medals will be awarded to the competitors placed 1st, 2nd and 3rd in each event.

**HD 7.2** Diplomas will be awarded to the competitors placed 1st to 8th of each event.

## HD 8 OFFICIALS

**HD 8.1** The European Aquatics THDC shall appoint the Referee and the Judges.

**HD 8.2** Assigned judges are not allowed to act as coaches throughout the Championships. Judges who do not respect this Regulation shall be excluded from the Championships.

**HD 8.3** Assigned judges may be evaluated