



Bergen Diving Club
takes great pleasure in inviting you to

— — Bergen Open
— — 2025

The Norwegian Diving Adventure

The 1st – 4th of May

Bergen, Norway

www.bergenopen.com



INVITATION

The 23rd Bergen Open Diving Competition is set to take place from Thursday, May 1st to Sunday, May 4th, 2025. Hosted by the Bergen Diving Club, the event will feature both Age-group and Senior diving competitions. Warm-up sessions will start on Wednesday, April 30th for all participants, with the competition officially kicking off on Thursday, May 1st, and concluding on Sunday, May 4th.

Place:

AdO arena

Address: Lungegårdskaien 40
5015 BERGEN

Competition will consist of:

1. All FINA 's Age-groups (A,B,C) (1-meter, 3-meter, platform)
2. Open Group (1-meter, 3-meter and 10-meter).
3. Synchronized events (Junior, Open and Mixed) on 3-meter and 10-meter.

Technical Meeting:

There will be a technical meeting on Wednesday the 30th of April at 20:00 – 21:00.

Questions or additional information:

All questions must be forwarded to Paul Joachim Thorsen at the following e-mail address:

post@bergenopen.com

For faster and more accurate response you may call +47 932 99 995

There is also a special information-page on the Bergen Diving Clubs homepage concerning Bergen Open 2025: <http://www.bergenopen.com>

AdO arena, Bergen

The facilities at the pool:

AdO arena has 4x1 meter and 4x3 meter springboards, and full Olympic standard platforms (1-10m).



AdO arena also has a dry-land area with mats, 2x trampolines and 3x dryboards.



Program

Tuesday 29th & Wednesday 30th:

Training: 06:00 - 21:00
Technical meeting: 20:00 - 21:00

Thursday 1st:

Training: 06:00 - 09:00
Competitions: 09:00 - 21:00

Friday 2nd:

Training: 07:00 - 10:00
Competitions: 10:00 - 19:00

Saturday 3rd:

Training: 07:00 - 10:00
Competitions: 09:30 - 19:00
Banquet dinner: 20:00 -

Sunday 4th:

Training: 06:00 - 09:00
Competitions: 10:00 - 16:00



There may be some changes in the program.

Events and Series

Senior group (FINA's rules D 3)

Women: All heights - Five (5) dives from different groups, without limit of degree of difficulty.

Men: 1m and 3m – Six (6) dives from 5 different groups, without limit of degree of difficulty.

Platform – Six (6) dives from 6 different groups, without limit of degree of difficulty.

A-group: Born 2007, 2008 & 2009:

1m and 3m: FINA's A-series DAG 3.1

(Girls 5+4 dives & Boys 5+5 dives)

Platform: FINA's A-series DAG 3.1

(Girls 4+4 dives & Boys 4+5 dives)

B-group: Born 2010 & 2011:

1m and 3m: FINA's B-series DAG 3.2

(Girls 5+3 dives & Boys 5+4 dives)

Platform: FINA's B-series DAG 3.2

(Girls 4+3 dives & Boys 4+4 dives)

C-group: Born 2012:

1m and 3m: FINA's C-series DAG 3.3

(Girls 5+2 dives & Boys 5+3 dives)

Platform: FINA's C-series DAG 3.3

(Girls 4+2 dives & Boys 4+3 dives)

Synchronized event: Open competition

FINA's Synchronized Diving Rules D 3.6

Men 3m: 2+4 dives

Women 3m: 2+3 dives

Men 10m: 2+4 dives

Women 10m: 2+4 dives

FINA's Mixed Synchronized Rules D 3.8

Mixed 3m: 2+3 dives

Mixed 10m: 2+3 dives

Synchronized event: Junior competition

FINA's Synchronized Diving Rules DAG 3.1

(we allow AG-C divers in this event)

Boys 3m: 2+3 dives

Girls 3m: 2+3 dives

Boys Platform: 2+3 dives

Girls Platform: 2+3 dives

Accommodation form and Preliminary entry

Please send in the accommodation form and preliminary entry form no later than Friday the 25th of February 2025.

Final Entry

Please send in the entry form no later than Friday the 4th of April 2025.

Please send entry form to

e-mail: post@bergenopen.com

Entry Fee

The entry fee is 220 NOK per start for the individual events, and 330 NOK per pair for the synchronized event.

Late entries: Entries arriving after April 4th will be charged 440 NOK per start for the individual events, and 660 NOK per pair for the synchronized event.

All clubs must pay the entry before April 20th. Participating clubs will receive an invoice after sending entry-form.

All payment is in Norwegian currency!

Diving Sheets:

Bergen Open will run the DiveCalc program. You will be able to enter the divesheets online.

All sheets will be posted on the results-wall, the day before the event, and changes can be made up to one hour before the event starts.

Judges evaluation:

There will be judges evaluation by European Aquatics TDC at Bergen Open.

Accommodation

Booking must be done before the 25th of February 2025.

Any cancellation after this date, you may have to pay the hotel-booking in full (100%).

Invoice-payment is due by 20th of April.

NB: If teams do not book accommodation via Bergen Diving Club, there will be a 700,- NOK payment per day per person as a part of organization costs.

Zander K

850m from AdO arena

www.zanderk.no



The cost of accommodation and full board is as follows. (The price pr person pr day):

Single room:	1790,- NOK
Double room:	1375,- NOK
Triple room*:	1250,- NOK

**Limited availability*

Full board from Wednesday to Sunday is as follows:

This includes:

Breakfast (Thursday-Sunday) will be served at the Hotel.
Lunch (Wednesday-Sunday) will be served at AdO arena.
Dinner (Wednesday-Saturday) will be served in AdO arena.
(Dinner on Sunday can be ordered upon request)
The food is standard cantina menu.

To take advantage of these favourable prizes, please book directly to the Bergen Open Secretary by filling out the Accommodation-form and return it before 25th of February 2025.

All payment is in Norwegian currency!

Grand Terminus / Zander K

800m from AdO arena

<http://www.grandterminus.no/>



The cost of accommodation and full board is as follows. (The price per person per day):

Single room:	1950,- NOK
Double room:	1430,- NOK
Triple room*:	1300,- NOK

**Limited availability*

Full board from Wednesday to Sunday is as follows:

This includes:

Breakfast (Thursday-Sunday) will be served at the Hotel.
Lunch (Wednesday-Sunday) will be served at AdO arena.
Dinner (Wednesday-Saturday) will be served in AdO arena.
(Dinner on Sunday can be ordered upon request)
The food is standard cantina menu.

To take advantage of these favourable prizes, please book directly to the Bergen Open Secretary by filling out the Accommodation-form and return it before 25th of February 2025.

All payment is in Norwegian currency!

Moxy

800m from AdO arena

(<http://www.grandterminus.no/>)



The cost of accommodation and full board is as follows. (The price per person per day):

Single room:	2040,- NOK
Double room:	1470,- NOK
Triple room*:	1350,- NOK

**Limited availability*

Full board from Wednesday to Sunday is as follows:

This includes:

Breakfast (Thursday-Sunday) will be served at the Hotel.
Lunch (Wednesday-Sunday) will be served at AdO arena.
Dinner (Wednesday-Saturday) will be served in AdO arena.
(Dinner on Sunday can be ordered upon request)
The food is standard cantina menu.

To take advantage of these favourable prizes, please book directly to the Bergen Open Secretary by filling out the Accommodation-form and return it before 25th of February 2025.

All payment is in Norwegian currency!

Scandic, Ørnen

600m from AdO arena

(<http://www.scandichotels.no/Hotels/Norge/Bergen/Ornen/>)

TOP Hotel and best food option!



The cost of accommodation and full board is as follows. (The price per person per day):

Single room:	2250,- NOK
Double room:	1670,- NOK
Triple room*:	1450,- NOK

**Limited availability*

Full board from Wednesday to Sunday is as follows:

This includes:

Breakfast (Thursday-Sunday) will be served at the Hotel.
Lunch (Wednesday-Sunday) will be served at the Hotel.
Dinner (Wednesday-Friday) will be served at the Hotel
Dinner (Saturday) will be served in AdO arena
(Dinner on Sunday can be ordered upon request)
The food will be buffet meals of business class hotel standard.

To take advantage of these favourable prizes, please book directly to the Bergen Open Secretary by filling out the Accommodation-form and return it before 25th of February 2025.

All payment is in Norwegian currency!

Social events

Coaches evening:

On Thursday we have a special evening planned, for all the coaches, judges and leaders.

Banquet dinner:

On Saturday evening there will be a banquet dinner held in AdO arena. Here there will be entertainment and a good chance for the competitors to get to know each other better.

Special food:

If there is need for special food due to allergy or for any other reason, please let us know, and specify it in the entry form.

The City of Bergen

Founded in 1070 by King Olav Kyrre, Bergen is an international town with small-town charm and atmosphere. The inhabitants love to show off their beautiful city. They are proud of Bergen's shipping, trading and cultural traditions. The city with its 235,000 inhabitants is like a spectacular amphitheatre clambering up the mountainsides, overlooking the sea, embracing you. You can roam through living history in this modern city, the gateway to the wildest and loveliest fjords of Norway. Tradition, initiative and drive have made Bergen one of Norway's most vigorous cultural cities. It is not merely by chance that Norway's biggest cultural event, the Bergen International Festival, is held here each year, or that the town was chosen to be one of the European Cities of Culture in the year 2000. The old parts of town are living history, and the museums and galleries keep both art and the ancestral heritage alive. The Hanseatic wharf Bryggen, the Fish Market, the composer Edvard Grieg's home at Troldhaugen, Rasmus Meyer's art collection, the Aquarium and Old Bergen are just a few of the many attractions worth visiting.

